

Academic & Research Contributions by Dr. M. S. Thirunavukkarasu

Research Project Guidance

- Guide for research Project entitled “Antibacterial Effect of Dugdhika (Euphorbia hirta L.) on Leptospirosis – An In Vitro Study.” Conducted by CCRAS Studentship Program for Ayurveda Research Ken (SPARK) in 2024-25, By Central Council for Research in Ayurvedic Sciences, Ministry of Ayush, Govt. of India.

Academic Books Authored and Published

- Compilation on Yoga and Naturopathy – (Based on CCIM new syllabus), Chaukambha Vishvabharati, Varanasi, March 2018, (ISBN- 978-93-81301-95-1)
- Ayurvedic Concepts in Thirukkural (Medicine), Chaukambha Prakashan, Varanasi, July 2018, (ISBN- 978-93-86735-71-3)
- A Secrets of Andrology in Ayurveda, Chaukambha Prakashan, Varanasi, April 2019, (ISBN- 978-93-86735-96-6)
- The Compendium of Kayachikitsa Volume-I – (Based on CCIM new syllabus), Chaukambha Vishvabharati, Varanasi, May 2022 (ISBN- 978-81-954109-1-0)
- The Compendium of Kayachikitsa Volume-II – (Based on CCIM new syllabus), Chaukambha Vishvabharati, Varanasi, Nov 2022 (ISBN- 978-93-94726-02-4)
- The Anthology of Roga Nidana and Vikriti Vijnana Volume-I – (Based on NCISM new syllabus), Chaukambha Vishvabharati, Varanasi, Sep 2024. (ISBN- 978-93-94726-39-0)
- The Anthology of Roga Nidana and Vikriti Vijnana, Volume-II – (Based on NCISM new syllabus), Chaukambha Vishvabharati, Varanasi, Dec 2024. (ISBN- 978-93-94726-81-9)
- Guided **13 students** in publishing a Tamil book titled “**Ayurvedam**”, published by Chaukhambha Visvabharati, Varanasi, September 2025. (ISBN- 978-93-84541-44-6)
- “The Compendium of Kayachikitsa (Term – I)”, Chaukhambha Visvabharati, Varanasi, November 2025. (ISBN- 978-93-94726-98-7)
- “The Compendium of Kayachikitsa (Term – II)”, Chaukhambha Visvabharati, Varanasi, December 2025. (ISBN- 978-93-94726-77-2)
- The Compendium of Kayachikitsa (Term – III)”, Chaukhambha Visvabharati, Varanasi, April 2026. (ISBN- 978-93-94726-79-6)

Research Articles Published

- Ayurvedic concepts in Thirukkural. Journal of Traditional Medicine & Clinical Naturopathy - 2017, 6:3
- COVID-19 in Ayurvedic Point of view. International Journal of Indian Medicine, 2020; 1(8): 303-310
- Ayurvedic Management of Ankylosing Spondylitis. Journal of Ayurveda Case Reports, 8(4):234-241, Oct-Dec 2025.

Awards

- Pandit P.S. Rama Sarma Memorial Abhinav Charaka Award 2023 By Vishwa Ayurved Parishad, Tamilnadu state.