

### Research project guidance

Guide for CCRAS Studentship Program for Ayurveda Research Ken (SPARK) in 2023-24 by Central Council for Research in Ayurvedic Sciences Ministry of Ayush, Govt. of India for research Project entitled "In-vitro analysis of Anticancer and Anti-migratory Effects of Ethanolic Extract of Akarakarabha Root on Cervical Cancer Cells (Hela and Siha)."

### Publications

#### Books authored & published

1. A comprehensive treatise on Prasuti- tantra (Obstetrics) ISBN: 978-93-81301-74-6
2. A Comprehensive treatise on striroga (Gynaecology) ISBN: 978-93-81301-97-5
3. Garbhadhana Paricarya (Peri-conceptional care) ISBN: 978-81-943566-3-9
4. Histosalpingography for AYUSH practitioners ISBN: 978-81-948010-2-3
5. Medicolegal aspects for Ayurvedic medical practitioners ISBN: 978-81-948010-3-0
6. A concise treatise on Prasuti- tantra (Obstetrics) ISBN: 978-93-94726-00-0
7. A Concise treatise on striroga (Gynaecology) ISBN: 978-93-94726-01-7
8. Garbhini paricarya ( Pre-natal care) ISBN: 978-93-94726-10-9
9. Self-study guide on ECG for AYUSH practitioners ISBN: 978-93-94726-62-8

#### Articles published

1. Awareness, perception, and practices of Ayurveda doctors toward FSSAI (Ayurveda Ahara) Regulations Act 2022: A cross-sectional survey (ISSN: 2279-0357, Online ISSN: 2581-8295) in Journal of Drug Research in Ayurvedic Sciences, CCRAS; Vol 9, suppl 1 Oct 2024
2. Prevalence of dysmenorrhea and Ayurveda Treatment: a cross-sectional survey (Online ISSN 2455-5029; Print ISSN 2320-4419) in Journal of Indian system of medicine, Vol 11, Apr-jun 2023
3. Ayurvedic concepts in Thirukkural in Traditional Medicine & Clinical naturopathy (Online ISSN: 2573-4555; Print ISSN – 2167-1206) in Journal of Traditional Medicine & Clinical Naturopathy
4. "A comprehensive review on the impact of *Mithya ahara* w.s.r to ultra-processed food on Women's Health" in Journal of Indian medicine & homeopathy April – Sep 2023 pg 43-52

#### Awards

Abhinav Charaka award 2024 by VISHWA AYURVED PARISHAD, Tamilnadu state.